***Morris County Psychological Association***



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**4/13/22**

**Suicide Risk Factors:  Protective Factors and Ongoing Assessment**

Presented by:

Dr. Nicole Rafanello, Ph.D.

**Meeting Announcements**:

* Hayley welcomed members.
* The speaker for May is Ed Adams. The topic is “Re-Inventing Masculinity”
* The High School awards breakfast will be held on June 1.
* Members are reminded to update their personal profile on our website for inclusion in the directory this year.
* If you are not a member, consider joining so that you can be included in the Directory.

***Register for all upcoming programs at*** [***www.mcpanj.com***](http://www.mcpanj.com)

***Contact:*** Hayley Hirschmann, Psy.D. if you have any questions or prefer not to register online.

**Meeting Attendees:**

Olga Anagnostis

Alyssa Austern

Noelle Baresich

Roderick Bennett

Richard Brewster

Deniz Colak

Lidia Dengelegi Abrams

Gerard Donahue

Sarah Dougherty

Komal Dutt

Irene Fisher

Daniel Gallagher

Kenneth Gates

Marc Gironda

Judith Herschlag

Hayley Hirschmann

Melissa Klika Mack

Phyllis Lakin

Mary Larsen

Stuart Leeds

Roman Lemega

Ilana Lev-El

Marilyn Lyga

Fawn McNeil-Haber

Caridad Moreno

Susan Neigher

Nicole Rafanello (speaker)

Ann Reese

Debra Roelke

Francine Rosenberg

Sharon Ryan Montgomery

Jayne Schachter

Kenneth Schulman

Arline Shaffer

Nancy Sidhu

Brenda Stepak

Tamsen Thorpe

Mary Toolan

Ida Welsh

Aaron Welt

Paul Yampolsky

**Presenter Bio:**

Dr. Rafanello is in private practice in Morristown, NJ.  She provides forensic services for individuals, attorneys, the courts and the community, as well as both individual and group skills training in DBT (Dialectical Behavior Therapy).  She also provides supervision, consultation and training to therapist groups in DBT.

**Overview and Objective of Today’s Talk**

This CE program will assist the attendee with identifying the risk and protective factors relating to suicidal ideation and behaviors in multiple clinical populations.  The attendee will be able to recognize the need for baseline and ongoing suicide assessment and be familiar with the importance of context, culture, race and the therapeutic relationship in assessing suicide risk and ideation.  The attendee will also learn about the researched tools in the field to assist in the assessment of suicide.

***Learning Objectives:  By the end of the session, participants will be able to:***

1.   Identify at least 5 historical or static risk factors and 5 dynamic risk factors for suicide.
2.  Name at least 5 protective risk factors that consider the race, culture, and context of the individual.
3.  Know some of the risk assessment measures for suicide and how to use them.

*This program is intended for psychologists, psychiatrists, social workers, nurses, mental health counselors, marriage and family therapists, physicians and graduate students. It will be presented at an introductory level, meant for those with little prior knowledge of the subject matter. The presenter does not have any commercial support and/ or conflict of interest for this program****.***

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**Q & A:**

1. Could you use the UWRAMP with children? Dr. Rafanello has used on children as young as 13.

**Newsletter submitted by:**

**MCPA Secretary – Melissa Klika, Psy.D.**