**Morris County Psychological Association**

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**Sept.16th, 2020**

**Understanding and Addressing Implicit Biases**

**In Psychology Practice**

Presented by:

Milton Fuentes, PsyD

**Meeting announcements:**

1. Nancy Sidhu: - welcomed all to this program and thanked all involved in the planning of this live virtual program
2. Marilyn Lyga: Introduced speaker Dr. Milton Fuentes and Reminded all to sign in and stay for whole program for CE credit. Also, shared that attendees will be monitored as staying on the webinar until the end to get CE credit.
3. Go to link [www.psychologynj.org/morris-sept2020](http://www.psychologynj.org/morris-sept2020) within the next 7 days to pay for and get CE credit for today. NJPA maintains responsibility for this program and its content.  NJPA ensures that permission to use proprietary information, and steps to safeguard such information, are discussed with presenters at NJPA sponsored programs.

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***-Register for all upcoming programs at*** [***www.mcpanj.com***](http://www.mcpanj.com)

***Contact:*** Nancy Sidhu at [nancysidhumcpa@gmail.com](mailto:nancysidhumcpa@gmail.com) if you have any questions or prefer not to register online.

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***Refunds will be granted (less administrative fees) for cancellations more than 24 hours in advance of the event start time.***

**Presenter Bio:**

Dr. Milton A Fuentes is a professor in the psychology department at Montclair State University, and a licensed psychologist in NJ and NY. His research and clinical interests are in the areas of Latinx, multicultural and family psychology, program development, pedagogy, and motivational enhancement. He a member of the Motivational Interviewing network of Trainers.

**Overview and objectives of today’s talk:**

Implicit biases are cognitive traces that are created by past experiences and impact our current performance. Regretfully they may compromise efforts to foster and maintain intercultural competence. This session will highlight best practices informed by social psychology research for understanding and monitoring implicit biases and promoting a diversity-centered practice.

***Learning Objectives: By the end of the session, participants will be able to:***

1. Define implicit bias.
2. Explain at least one strategy to assess implicit bias.
3. Describe at least three awareness-raising and prejudice-reduction exercises that can lead to the lessening of implicit biases.

*This program is intended for psychologists, psychiatrists, social workers, nurses, mental health counselors, marriage and family therapists, and graduate students. It will be presented at an intermediate level, meant for those with some prior knowledge of the subject matter. The presenter does not have any commercial support and/ or conflict of interest for this program****.***

Dr. Fuentes generously agreed to share his slides and materials from today’s program with NJPA and we will post them on our website as soon as we receive them from him

**Newsletter submitted by:**

**MCPA Secretary – Hayley Hirschmann, PhD**